

The Shofar



Temple Beth El Israel

551 SW Bethany Drive
Port St Lucie, FL 34986
phone 772-336-2424

January 2022

TEVET / SHEVAT 5782

SAVE THE DATES...
February 8th
Sisterhood Card Party

April 10th
Brotherhood Trip to Delray

**Please note all events are subject to cancellation
due to circumstances beyond our control
and health & safety concerns**

Rabbi

Bruce Benson

President

Faith Krumenacker

Vice President

Michael Zeff

Treasurer

Maryann Polk

Financial Secretary

Evelyn Poulter

Recording Secretary

Ray Feldman

Corresponding Secretary

Susan Schlein

Sisterhood Co-Presidents

Eve Epstein

Evelyn Poulter

Brotherhood President

Jeff Kreiss

Board of Directors:

Lydia Bauman

Doris Haendel

Arlene Schweitzer

Sue Schwartz

Ruth Siegel

Mario Steisel

Past President:

Lilly Beauchamp

From the Desk of Rabbi Bruce Benson

This article begins with wishes, hoping's and some doings for the new year. And a bit of good riddance as well. Good riddance to a year of challenges, some smaller, some substantially bigger, and yet, slightly scathed we made it through.

It feels like the Israelites who are about to begin the trek now known as the "Exodus". A journey with a non-descript plan, sort of clear intentions and no real understanding of the steps it was going to take to reach the end. And the bigger news: what exactly were we going to do once we readied ourselves to capture the goal we imagined seeking? Many questions offered which, while lofty and large goals, left us swaths of time to figure it out.

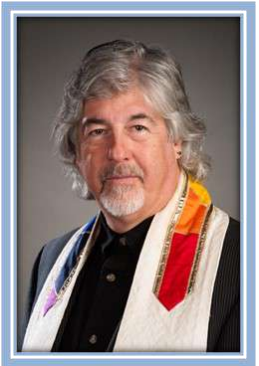
On the other hand, the Israelites originally had 3 years, and when God saw that wasn't enough, turned the people around and had them wander for another 37 years before they were deemed ready to cross the river. The news? They weren't ready then either - they couldn't attack, they weren't strong enough. God was not going to open the road for them and they stood, staring at the promised land across the river.

All that time and no clear answer. It seems as if we truly ARE their ancestors. We know what we must do to grow our community and synagogue. We know where we need to be to secure our future, where support is needed, where community bonding together will bring us success.

As we enter the year 2022, let us renew our connection and commitment to the Temple - OUR Temple. Many ideas and plans are being made and we need the help of each of us to move forward. A vision board, led by Michael Zeff, Vice President of the Temple has outlined a number of ideas which will help start the ball rolling. Get involved - it doesn't matter how much time you can give, we'll take it. You don't know how much financial support you can give? That's great - whatever you can, we will be ever so grateful.

Continued on page 5.....

**HAPPY
NEW YEAR**



Happy & Healthy New Year to everyone in our Temple family.

As I have repeatedly said, we are all anxious to get back to a normal existence and that includes our Temple life.

We still need to be vigilant and conscientious about mask-wearing and making sure that everyone that enters our building has been fully vaccinated (with proof of their COVID card) and we have to be patient and understand and recognize our vulnerability and that we will be together without having to socially distance, sooner rather than later. Our patience will pay off in the end because we will all be together again.

On a happy note and in response to the many questions we are being asked, we are so close to the end of the "sale of the building" saga. There have been many glitches and hoops to jump through, but it looks like there really is a light at the end of this tunnel. As soon as we have a closing date you will all be notified. I'm hopeful that 2022 will be the beginning of TBEI's feeling of financial security.

We're in this together, let's stay healthy and safe together.

Faith

Rabbi Benson's Cell Phone Number is: 561-601-8294

Our officer's phone numbers:

Faith Krumenacker ~ President	343-7639
Michael Zeff ~ First Vice President	561-703-6240
Maryann Polk ~ Treasurer	908-2793859
Evelyn Poulter ~ Financial Secretary	812-1124
Ray Feldman ~ Recording Secretary	305-965-2155
Susan Schlein ~ Corresponding Secretary	878-0717
Evelyn Poulter & Eve Epstein ~ Sisterhood Co-Presidents	812-1124/ 807-4713
Jeff Kreiss ~ Brotherhood President	336-0427

You're Invited!!!!

**Join Rabbi Benson
on Thursday mornings at 10 AM
for our combined Torah/Haftorah Study on ZOOM**

SISTERHOOD NEWS

Dear Sisterhood Ladies,

Wishing you all a Happy New Year and hope you stay safe and healthy.

We are looking forward to seeing you at our annual Card Party on February 8th. Tickets are on sale in the Temple office at \$20 each. Tickets are also on sale for our Dinner Show in March.

Just a reminder to contact Evelyn at evelinap_11@yahoo if you would like to share an occasion or a message or celebration in our Simcha Cake. As the new year begins, you can send your \$10 to the Sisterhood for the coming year. Please send your check to Sisterhood @ TBEI and earmark it Simcha cake. At the same time e-mail Evelyn with your message.

We're still following the CDC guidelines and will not have Friday Onegs until it's safe, but we look forward to a brighter future.

Hope to see you all soon.

Evelyn and Eve



OUR SIMCHA CAKE

UNTIL WE ARE ONCE AGAIN ABLE TO HAVE MEETINGS AND CELEBRATE OUR HAPPY OCCASIONS IN PERSON, WE WILL BE CELEBRATING IN THE SHOFAR EACH MONTH.

FOR \$10 FOR THE COMING YEAR, YOU CAN SHARE YOUR HAPPY NEWS.

SIMCHAS & GREETINGS TO SHARE:

**HAPPY NEW YEAR
2022
FROM LILLY BEAUCHAMP**

**TO A BETTER, HEALTHIER
AND HAPPIER NEW YEAR
2022!
EVELYN POULTER**

**HAPPY BIRTHDAY TO
EVE & LEN EPSTEIN
EVE EPSTEIN**



**HAPPY TO SEE
THE END OF 2021!
FERN BARISHMAN**

**MAY 2022 BRING HOPE AND
FREEDOM TO ALL OF US!
HAPPY & HEALTHY NEW YEAR!
LINDA CHAZIN**

**CONGRATULATIONS
HAPPY 22ND BIRTHDAY TO
JORDAN KRUMENACKER**

FAITH KRUMENACKER

**HAPPY BIRTHDAY TO
EVE & LEN EPSTEIN
DIANE GOLDBERG**

**HAPPY BIRTHDAY
TO MY HUSBAND JIM
JACKIE WARD**

BROTHERHOOD NEWS :

Our first fund-raiser for this year is a trip to Delray Beach on Sunday, April 10th to the Silverball Pinball Museum & the Delray Affair, which is the largest arts & crafts fair in the south-east U.S. The bus will leave at 9 a.m. and return approximately 4:30 p.m. The price is \$30 per person and includes admission to the museum.

We have many other exciting fundraising plans for the coming year and hope you will join us and help support TBEI.

Our meetings are the first Tuesday each month at 7:30 p.m.

Jeff Kreiss, President



Join us on
April 10th
for a trip to the
Delray Affair



Join us for
Shabbat.



For more information about
what's happening in the Temple
go to TBEI.org

We have all been ordering
from Amazon -
particularly now that we are
trying to stay safe
and shop only when necessary.
If you don't already have it set up
please see the directions for TBEI
being your designated charity (on
page 22) so that we receive \$\$
from Amazon for each purchase
we make.

Every little bit helps!!



Rob Sharot, Owner
1374 SE Huffman Road 270 NW Peacock Blvd., Ste. 107
Port St. Lucie, FL 34952 Port St. Lucie, FL 34986
info@carpetsetcpsl.com www.carpetsetcpsl.com
772-878-4707 • FAX: 772-878-4767

January Birthdays

2 Leonard Epstein
 2 Katherine Vesey
 3 Nicholas Giordano
 3 William Zelinsky
 5 Samuel C. Levy
 6 Carol Seigel
 7 Benjamin Rosichan-Nader
 7 Jacob Rosichan-Nader
 7 Janet Soloshatz
 8 Eve Epstein
 12 Leslie Giordano
 12 Carol Honig
 14 Martin Cohen
 14 Lory Dobrin
 21 Stanley Stein
 23 Richard Goldsmith
 23 Arnold Stillman
 24 Julia Marie Argenziano
 27 Richard Weissel
 28 Raymond Feldman
 30 Evan James Schultz
 31 Doris Haendel



C
O
N
G
R
A
T
U
L
A
T
I
O
N
S

January Anniversaries



15 Claire & Jeff Kreiss
 31 Carol & Lewis Honig

מזל טוב

If you don't see your birthday or anniversary listed in the Shofar contact the Temple office and ask to have your special day included on our list.

חג שמח

Continued from page 1.....

Groucho Marx sang a song in one of his movies - the chorus went: "Whatever you want - I'm against it!" IT is actually quite a clever and funny song. For us? We NEED you to hear us and bring to the table the skills you brought with you when you moved to Port St. Lucie. Let's edit the song to say: "Whatever we need, we're not against it". Let's build the synagogue we all retired to see when we got here to Florida (the promised land - the Golden Medinah).

Being Jewish isn't all about the talk. It's also about DOING what's needed to bring us to the achieved promise of God to the Israelites. Give us a little bit, lets stand for a community wanting to be strong and secure. Give us a little bit to help us on our way.

With best wishes for a New Year filled with happiness, goals set, goals achieved - B'YACHAD - together.

For a great year,

B'shalom, Rabbi Bruce

PLEASE.....

Notify the Temple office or call the Rabbi if you are aware a fellow congregant is ill, or if a family member is ill, or has had an accident, or is in need of the Rabbi's services. The Rabbi can only help if he is informed that he is needed.

This past month:



*We celebrated the sixth
day of Chanukah outdoors
first - by lighting our
Hanukkah outside and
then inside we lit our own
Hanukkahs.*



**Visit our Judaica Shop
We have many new and beautiful items on sale.
Call for an appointment**

Linda 871-1205

Faith 343-7639

Sisterhood of Temple Beth El Israel

Presents

Winter MahJong/Card Party

Catered by *Bagel Break*



Tuesday, February 8th, 2022, 11:30 - 4

Tickets – \$20 per person

Tickets available at the Temple Office

551 SW Bethany Drive, Port St. Lucie Tel (772) 336-2424

Open 10 - 1 Monday through Friday

Ticket sale deadline is February 1, 2022.

Food Choices

Tuna Salad wrap _____

Chicken Salad wrap _____

Egg Salad wrap _____

comes with chips and dessert.

Name: _____

Phone # _____

IDA RUBIN BOOK OF LIFE

GET WELL WISHES TO SUE SCHWARTZ:

Roz Infeld

**PLEASE CALL KAROL LEVINE
TO SEND IDA RUBIN CARDS
240-285-3039**



**Thank you to everyone for
understanding the need
for wearing a mask correctly
whenever you are in the Temple.
It's up to us to keep ourselves
and each other safe and healthy.**



**ENT and Allergy Associates
of Florida**

Caring For Our Patients Since 1969
www.otodocs.com

Leslie R. Berghash, M.D., F.A.C.S.

Ear, Nose and Throat Surgery
Endoscopic Sinus Surgery and In-Office Balloon Sinuplasty

1801 S.E. Hillmeyer Dr., Ste. B105, Port St. Lucie, FL 34952 • 772-398-9911
2100 Nebraska Avenue, Ste. 203, Ft. Pierce, FL 34950 • 772-484-6055
1916 Highway 441 North, Okeechobee, FL 34972 • 863-357-7791



**Our Judaica Shop has a large selection of items
that are great for gifts
and many items are at very discounted prices!!
Don't forget to get your Enjoyment Book for 2022!!**

FORWARD
Electric & Air Conditioning
"Friendly, Willing, Dependable...Moving You Forward!"

Serving the Treasure Coast Since 1983

24 HR EMERGENCY SERVICE

PROFESSIONALLY TRAINED TECHNICIANS

772-221-1660

ONE CALL

**For All Your Electric and
Air Conditioning Needs**

**MAINTENANCE AGREEMENTS • REPAIRS • UPGRADES
NEW EQUIPMENT • INTERIOR LIGHTING • REMODELS
ADDITIONS • GENERATORS • SITE LIGHTING
LANDSCAPE LIGHTING • SMOKE ALARMS
COMMERCIAL • RESIDENTIAL**

LIC. #EC13007849

LIC. #CAC1816767

OUR CURRENT ADULT ED CLASS

MONDAY EVENINGS at 7:00 pm
TUESDAY MORNINGS at 10:00 am

INTRODUCTION to the BIBLE

Join Rabbi Benson as we delve into the History and lessons of the Bible.
We will be using a curriculum devised by Yale University to do a deep dive into “the Book”.
Through video lectures and live discussions, we will gain far deeper knowledge
of the pinnacle book in Jewish and, indeed, Western culture.

The classes can be found on Zoom online by typing the following link into your search bar.
Join us for this fascinating series of classes.
Please feel free to call the temple office with any questions.

Zoom link:

<https://us02web.zoom.us/j/84122238910>

Join Rabbi Benson for:

TORAH STUDY



We meet every THURSDAY beginning at 10:00 a.m.
to study and reflect on the weekly Torah portion.
Join us for this study of the Torah and its specific lessons for the week.
Here's the Zoom link:

<https://us02web.zoom.us/j/84122238910>

We look forward to having you join this lively discussion.

THE STAMP CORNER ~ ~ REMEMBERING THE FIRST JEWISH WOMAN ASTRONAUT

By Ellis Bromberg



The postage stamp for this month, depicting astronaut Judith Resnik, was issued by the Central African Republic after the Space Shuttle *Challenger* was destroyed during its launch on January 28, 1986. Resnik, in 1984 the first Jewish woman in space, was one of the seven crew members who perished when the shuttle experienced a hydrogen leak and broke apart 73 seconds into its flight; it disintegrated over the Atlantic Ocean off the coast of Cape Canaveral. The disaster resulted in a 32-month hiatus in the Space Shuttle program as a commission, created by Pres. Reagan, investigated the fatal incident, eventually recommending new safety features on the shuttles.

The 36-year-old Resnik was the second American woman in space, after Sally Ride, and the fourth woman overall. She grew up in Akron, Ohio, the daughter of Jewish immigrants who were originally from Ukraine. An outstanding student, she attained a perfect score on her SAT college admissions test, the only young woman in the country to do so that year. She earned a B.S. degree in electrical engineering from the Carnegie Institute of Technology (now Carnegie Mellon University), and a Ph.D. in the same subject from the University of Maryland. She was also a classical pianist and gourmet cook.

In 1978, Resnik was recruited at age 28 into the NASA Astronaut Corps, one of only six women selected out of 8000 applicants. At the time of her death, she had logged almost 145 hours in space. She helped engineer and fabricate the shuttle's robotic arm, used to capture solar power, which she was responsible for operating on the maiden voyage of the Space Shuttle *Discovery* in 1984. The fateful 1986 mission was to be Resnik's second in space.

Judith Resnick's legacy continues to inspire people from all walks of life. She has had several schools, lecture halls, and landmarks named for her since her death. The Society of Women Engineers has also recognized women innovators in the space industry with their Resnik Challenger Medal.

Her funeral, at Temple Israel in Akron, attracted 1000 attendees, including astronauts and other dignitaries. She is buried in Arlington National Cemetery.

The Central African Republic has issued a number of stamps, popular among collectors, depicting astronauts and spacecraft from different countries. To date, Resnik has not appeared on a U.S. stamp.

A DAY IN DELRAY



A Temple Beth El Israel Brotherhood Event

SUNDAY, APRIL 10, 2022

Bus departing from TBEI at 9:30 a.m., returning approximately 4:30 p.m.

Join the TBEI family for a “Day in Delray” featuring:

- Free admission to the interactive Silverball Museum with its restored classic pinball machines, free soft drinks and coffee included; discounted hot dogs at the museum.
- ♦ An afternoon at the Delray Affair, the largest arts & craft festival in the Southeast United States.

PRICE: \$30 PER PERSON

*Make checks payable to TBEI Brotherhood
and send or bring to the Temple office by Wednesday, April 6th.*

Office hours: Monday - Friday 10 a.m. - 1 p.m.

For questions call the Temple office at 772-336-2424.

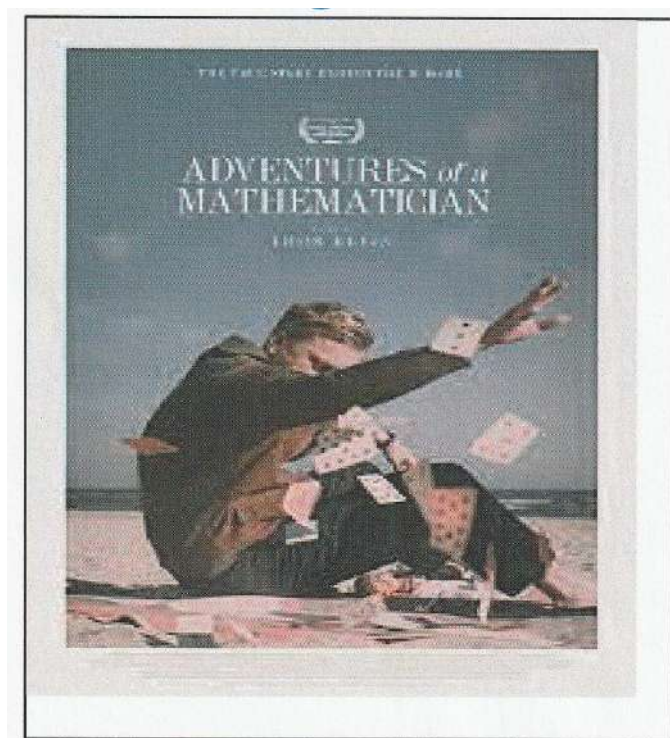
Space is limited so reserve your seat today!

TREASURE COAST JEWISH FILM FESTIVAL

“ADVENTURES OF A MATHEMATICIAN”

STREAMING JANUARY 7th - 9th
DISCUSSION VIA ZOOM WITH OUR RABBIS
JANUARY 9th AT 4:30 P.M.

FOR NON-MEMBER INFORMATION CONTACT
STALSHANKMAN@GMAIL.COM



The warmhearted story of a Polish immigrant and mathematician Stan Ulam, who moved to the US in the 1930s. Stan deals with the difficult losses of family and friends all while helping to create the hydrogen bomb and the first computer.



Thank you to Harvey Safeer
for sharing this information with us:

The following link connects to the IRS bulletin:

**"Get ready for taxes:
Easy steps taxpayers can take now
to make tax filing easier in 2022"**

<https://content.govdelivery.com/accounts/USIRS/bulletins/2fb4ee8>

***Help Wanted
We need help with live-streaming
our Friday night services.***

***If you would like to learn the
procedure, please call
the Temple office.***

Our new Shofar advertising year begins with the
September issue.

If you or anyone you know would like to advertise
in our monthly newsletter please contact the Temple office
for details.

Rates are as follows per year:

FULL PAGE.....\$325.00
HALF PAGE.....\$200.00
QUARTER PAGE.....\$145.00
BUSINESS CARD..... 95.00
ONE-TIME FULL PAGE.....\$ 40.00 / ISSUE

Print-ready ads must be submitted no later than August 10th
for the September issue. Please send your ad to:

faithkrumenacker@comcast.net



***TREE OF LIFE AND
MEMORIAL PLAQUES***

***Bronze - \$100
Silver - \$150
Gold - \$200***

***Memorial Plaques - \$200
Call the Temple office @ 336-2424
to reserve a leaf or memorial plaque***

Friday night Candle Lighting Schedule:



January:

7	5:27 pm
14	5:33 pm
21	5:38 pm
28	5:43 pm



Lighting the Shabbat Candles:

ברוך אתה יי אלהינו מלך העולם
אשר קדשנו במצותיו וצונו
להדליק נר של שבת: (אמן)

Baruch ata Adonay, Eloheynu melech ha-olam, asher kid-
shanu b'mitz-votuv, v'tzivanu l'hadlik nayr shel Shabbat.

Praised are You, Lord our G-d, King of the universe, who has
taught us the way of holiness through the Mitzvot, and en-
joined upon us the kindling of the Shabbat lights.



THE KARP LAW FIRM, P.A.

Elder Law, Estate Planning, Wills & Trusts,
Asset Preservation, Trust Administration,
Medicaid & VA Benefits Planning, Probate,
Estate Litigation, Elder Law/Probate Mediation

"Your Peace of Mind is Our Priority"



Joseph S. Karp
Florida Bar Certified Elder
Law Attorney,
FL & NY Bar



Jonathan D. Karp
Florida Estate Planning
& Elder Law Attorney

New Address

**1860 SW Fountainview Blvd., Suite 100
Port St. Lucie, FL 34986
Web: www.karplaw.com
(772) 343-8411 (800) 893-9911**





HAISLEY

Funeral & Cremation Service

Now with two Locations

3015 Okeechobee Road, Fort Pierce, FL 34947, 772-461-5211

2041 SW Bayshore Blvd., Port St. Lucie, FL 34984, 772-879-1000

Celebrating Life...Our Family Understands Your Loss



TREASURE COAST DENTAL

RESTORATIVE, COSMETIC & IMPLANT DENTISTRY

SERVING THE TREASURE COAST FOR OVER 25 YEARS

"I know that every second I am in their office, and in their care, I am in the best professional dental office in the area. Everyone was proud and genuine. You will also find patience plus. My dental work from Dr. Squier has changed my whole look and outlook. I am a 'smiler', and now I have a beautiful smile! Outstanding in every aspect."

-Andrea W



Dr. Rachel Schultz Squier
Board-Certified Prosthodontist

- Harvard University educated
- University of Connecticut

TBEI Members & Friends
FREE DENTAL
CONSULT*

www.tcdentalpros.com • (772) 337-2338

Our Procedures:

Fillings

Dental Cleanings

Crowns & Bridges

Extensive Bridgework

Porcelain Veneers

Dental Implant Placement &
Restoration in the same office

Fixed Implant Bridgework

Teeth-in-a-Day™

Teeth-in-an-Hour™

Implant-Secured Dentures

Premier Customized Dentures

Precision Partial Dentures

Teeth Whitening

THANK YOU FOR YOUR GENEROUS DONATIONS:

Donations to the General Fund:

Karen Wolf
~
Amazon Smiles
~
Leonard & Eve Epstein

NOTE:

Above donations were received in November

*Wishing our entire
Jewish community a
very Healthy, Safe and
Happy New Year 2022*

לחיים!
To life!

*Let's hope and pray that
this year is a better year
for all of us
and let's look forward to
being together.*



YAHREZIT FUND DONATIONS

From:

Arno & Miriam Cassel
Sally Hertz
Claudia Rodburg
Gail Cost
Leonard & Eve Epstein
Stanley Stein
Harvey & Rene Safeer

Naomi Sapphire & Ruth Siegel
Claudia Rodburg
Fran Cooper
Eileen S Katzman
Peter & Ilene Sobel
Howard & Brenda Derector
William & Ferne Barishman
Donald Rose
Linda Greshes

Harriet Zbarsky

In Memory Of:

Julius Cassel
Emrich Herz
Abraham Teich
Sylvia Silberberg
Shirley Seltzer
Harry Stein
Bernard Haskin,
Rosalye Sapiro
Leah Siegel
Sally Rodburg
Jacob Levin
Saul Schullely
Edith Sobel, David Sobel
Elaine Derector
Milton Barishman
Eugene Rose
Jack Greshes, Arthur Greshes
Jennie Greshes, Morris Merlin
Gerry Greshes, Martin Greshes
Edward Greshes, Michael Merlin
Jeanette Merlin
William Eisenberg

NOTE:

Above donations were received in November

Help support the Temple.....

*Until we return to
normal programming*

Join Rabbi Benson
on Thursday mornings at 10 AM
for interesting Torah Study discussions
on Zoom.
We can all learn more about Judaism.
No reservations necessary!!



**Michael Cook, DMD
John Harlee, DDS**

**SOUTH PORT
DENTAL CARE**

10690 So. U.S. Highway #1, Suite A
Port St. Lucie, Florida 34952
(772) 335-3300 • Fax (772) 398-9773
www.southportdental.com

TREASURE COAST JEWISH FILM FESTIVAL

2021 / 2022

**Join Us!!
Virtually**

ADVENTURES OF A
MATHEMATICIAN

JANUARY 9, 2022

TEMPLE BEIT HAYAM

IMMIGRANT MATHEMATICIAN
STAN ULAN DEALS WITH THE
DIFFICULT PROBLEMS OF
FRIENDS AND FAMILY; BUT
HE MUST ALSO DEAL WITH
THE MORAL PROBLEM OF
CREATING THE HYDROGEN
BOMB.

THOU SHALL NOT HATE

FEBRUARY 6, 2022

TEMPLE BETH EL ISRAEL

THE SURGEON SON OF A
HOLOCAUST SURVIVOR
BEGINS TO DOUBT HIS
ACTIONS OF REFUSING TO
HELP A NAZI CAR ACCIDENT
VICTIM. HE ALLOWS HIM TO
DIE.

COMMON GOAL

MARCH 6, 2022

TEMPLE BETH SHALOM

ALMOST HALF THE PLAYERS
ON THE ISRAELI NATIONAL
SOCCER TEAM ARE MUSLIM,
INCLUDING THE CAPTAIN. IN
A EUROPEAN TOURNAMENT
THEY ARE TAUNTED BY
RACIST FANS AND MEDIA.

SAUL & RUBY'S
SURVIVORS BAND

APRIL 10, 2022

TEMPLE BEIT HAYAM

TWO HOLOCAUST SURVIVORS
MOVE TO THE BOCA AREA
AFTER THE WAR. AT AGE 89 &
85 THEY START THEIR OWN
KLEZMER BAND.

DEPENDING UPON COVID all films will be shown at 2:30 PM preceded by wine, fruit, vegetables, coffee and desserts at 2:00 PM. Charges are \$6.00 per film (payable at door) or \$25.00 per person for the series. Patrons are \$30.00 for the series and are recognized in each film program.

CUT HERE AND RETURN

Make checks payable to: TREASURE COAST JEWISH FILM FESTIVAL

Name[s] _____ Phone _____ email _____

Address _____ City _____ State _____ Zip _____

No. Series @25 _____ Total\$ _____

No. Patrons @ 30 each _____ Total _____

Donation for security _____

TOTAL Persons _____ TOTAL \$ _____

MAIL TO: Joan Weissman -Burton

248 NW Liseron Way, St. Lucie West FL 34986



Our Monthly TBEI Library Book Review.....by Sheilah Korinow

Welcome back to Part 2 of my review of *The Ten Journeys of Life* by Rabbi Michael Gold. Just to refresh your memory, we took a look at four of the Journeys: Identity, Maturity, Family and Property. Now let's move on to the remainder of the book.

5. **"Anatomy - The Journey from Frailty to Health"** Rabbi Gold has written: "Our bodies make us mortal. How we treat and understand ourselves as physical beings is the fifth journey of life." He discusses this by emphasizing that we are spiritual beings, part of which is "eternal and unchanging." Then, as physical, material beings, we are subject to the natural laws of biology and physics - and will eventually die. And we are the ones who "occupy our bodies and are responsible for their maintenance and well-being" while we are living. They are, so to speak, "given to us on loan." As temporary occupants, our bodies belong to

God, as undamaged as possible. This idea helps us to deal with some of life's perplexing problems such as abortion, euthanasia and experimental medical procedures. We need to care for our bodies, but do we do it less than caring for our homes and cars? Do we eat too much, eat the wrong foods, fail to exercise, not sleep and practice bad habits such as drinking? Do we allow stress to overtake us? Why is it easy to ignore the warning signals of our bodies? Do we take the easy way out? We are more apt to treat our bodies properly if we believe they are on loan, belonging to God, and something to be returned in the best shape possible.

Another idea Rabbi Gold brings up is the worship of "youth" in today's world. We learn that the older body should be respected -after all, it has survived, but it has also accumulated wisdom throughout the years of living. The author also writes that we dwell too much on "the perfect body" - looking like athletes, supermodels, etc. God created a variety of bodies, none of them perfect in the way we define perfection. The author concludes this chapter with a discussion about why we need our bodies, as fragile as they are, as he wrote: "the spirit needs the body, and the body needs the soul." Rabbi Gold's "Guideposts" for the fifth journey are extremely helpful. They need to be read and followed!

6. "ADVERSITY - The Journey from Pain to Healing"

Every life has some pain - it may be death of the body, divorce, illness, bankruptcy, the loss of dreams - to name only a few. The results are the feeling of being alone. In this chapter, the author traces our journey toward healing and wholeness - how we are able to cope, to continue and to move beyond the loss. These losses make us who we are, even when there is some pain left. " ' What makes me stronger' " are the words of the philosopher, Friedrich Wilhelm Nietzsche, that the author included. Rabbi Gold reminds us that "there is a difference between healing and a cure. With healing, we live with our losses but find a sense of wholeness and purpose in our lives. One can experience joy, even after a loss. Rabbi Gold then discusses five necessary activities that lead us from pain to adversity - action, time, people, good deeds and faith. The majority of what follows are an explanation about those five activities, giving meaningful examples along the way. Refer to the "Guideposts" list for helpful suggestions. For example, one suggests writing feelings of being overwhelmed. We also read the words; "This too shall pass." Time is a healer!

7. "SPIRITUALITY - The Journey from Doubt to Faith"

The author believes there is a spiritual force in the world even though it cannot be proven in a laboratory. We know the universe and everything in it is dying - all material things do. But there is a force in the universe that seems to create life. That is the spiritual. It is around us at all times. When we tune in to it, that is spirituality. Here is where religion comes in: it is to "develop methods of relating to the spiritual force."

Different faiths have different paths. Rabbi Gold then examines four different, but congruent, paths to spirituality -cultivating deep gratitude, spiritual disciplines, acts of separation and acts of loving kindness. In this section, we find out the following: how spirituality begins with a "thankyou" to the universe, the spiritual discipline includes prayer, ritual, meditation, song or dance, all allow us to cease

our everyday lives and "tune into" the spiritual world, why Shabbat has evolved, and we have a "rhythm of rest" when one is able to connect to God as easily in their community as on a mountain top. Once again, the suggestions in the Guidepost section are reliable and meaningful. Don't skip them!

.....Continued next month



Beth El Memorial Park, Inc.

Located on Old Dixie Highway in Fort Pierce one mile north of Indrio Road.
There are four pricing levels for gravesites, all of which include Perpetual Care.

TRADITIONAL PLOTS ARE 5' X 10'

CREMAINS PLOTS ARE 3' X 3'

	TRADITIONAL	CREMAINS
A - Husband, wife, dependent children under 22 who are members of Temple Beth El Israel.	\$1350.	\$625.
B - Children of TBEI members over 22, member's parents and siblings	\$1450.	\$625.
C - Members of other Temples in the area.	\$1450.	\$625.
D - For non-members.	\$2050.	\$700.

Add \$50. filing fee per sale not per grave site & \$150. for Perpetual Care/\$50. for cremains site

Note: For the purpose of this pricing, a member is one who has been a paid up member of the Temple for a period of more than one year.

For more information please call:

Bob Polakow (772) 240-4301

Harold Schwartz (561) 635-5237

Bill Weber (772) 201-1255

THE DIRECT LINE FOR THE CEMETERY IS: 772-882-3601

FOR ONLINE INFORMATION: BEMPTC.ORG



*Thank you to everyone that
donated to our recent
Food Drive*



\$35

**The New Enjoyment Books are here
They are on sale in the Judaica Shop**

If you take pictures at any of our functions, please send them to me so we can all share your photos.
Send them to: faithkrumenacker@comcast.net



Life Cycle Events ~ Get Well Wishes to:

Albert Berman
Adrienne Herman
Sue Schwartz
Pamela Sidel
Brenda Weber

Arno Cassel
Carol Kahn
Carol Seigel
Stanley Stein

Marty Cohen
Marty Kahn
Michael Seigel
Mark Stuart
Michael Zelinsky

Yates Funeral Home & Cremation Services

Family Owned and Operated
Serving the Jewish community of the Treasure Coast
For over 75 years

Now with three convenient locations to better serve you

Port St. Lucie
7951 S. US1

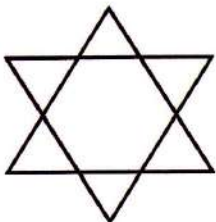
Port St. Lucie
526 SW Port St. Lucie Blvd.
(Just west of the Turnpike)

Fort Pierce
1101 S. US 1

Fort Pierce (772) 461-7000

Port St. Lucie (772) 878-2300

www.YatesFuneralHome.com



JANUARY YAHREZEITS



In Loving Memory

1/1-1/7

Armin Baker
Bernard Baloff
Robert Bloom
Jose' Miguel Da Cesia
Beverly Flax
Frances Friedman
Franklin Geltman
Marian Kirman
Ida Kirsch
Eugene Levitt
Helen Popper
Steven Redman
Dr. William Robinson
Joseph Rotenberg
Emma Rubin
Meyer Rubin
Charles Silverman
Ethel Silverman
Rose Simon
Eva Spitolnick
Bertha Tannenbaum
Phillip Walter
Ruth Kaplan Wolf

1/8 -1/14

Arthur Block
Abraham Caplin
Sandra Cohen
Sophie L. Cohen
Flossie Cranor
Irene Derman
Harry Epstein
Rose Goldberg
Sally Goldberg
Meyer Goodman
Barbara Graulich
Dr. Max Harrison
Louis Katz
Sarah Kezner
Lillian Klein
Dan "Pop Pop" Lake
Marilyn Morgenstern
Dr. Victor Robinson
Sam Rofsky
Herb Silverstein
Dorothy Tenbrink
Stuart Weinman
Edice Wheeler
Harry Wiener
Dr. Melvin Wolkowsky
William Zahler

1/15—1/21

Robert Abramson
Herbert Babkes
Ida M. Baum
Louis Bernheim
Sandra Blatt
Harry Bruntel
Bernice Cohen
Arnold Friedman
Garbaty, Doris
Jack Goldberg
Gertrude Heffrow
Ruth Kaplan
Gerald Katz
Harry Kent
Bella Mandery
Louis Markowitz
Reuben Meadow
Samuel Meyers
Joan Portnoy
Ellen Rosenberg
Marion Rosenzweig
Claire Rosichan
Harvey Rubin
Isaac Schneider
Gladys H. Schnier
Irving Shatkin
Ida Siegman
Solomon Slomowitz
Lewis Weinberg
Sophie Weiss
Leah Williamson
Scott Winnick
Sarah Wortman
Sam Woskobojsnik
Gerald Wynne
Nathan Zarovsky

1/22-1/28

Louis Baloff
Richard Belmont
Estelle Bernstein
Morris Goldwater
Sayde (Skip) Harris
Mark Infeld
Naomi Karr
Samuel Klatch
Elliot L. Klein
Rabbi Charles Lesser
Gussie Maloveny
Rachel Matlin
Fritz Meinhardt
Martin Morrison
Estelle Paden
Ben Puchaski
Ethel Rothenberg
William Rothenberg
Arthur Rubin
Isaiah Sanderson
Malcolm Schwartz
Phillip Schwartz
Augusta Shatkin
Libby Shnitzer
Evelyn Slavin
Phillip Solomon
Marilyn Staiman
Jacques Teich
May VanDernoot
Dorothy Werner
Henry Moses Young
Murray Zimmerman

1/29-2/4

Eileen Cohen
Renee Flower Cypress
Reuben Danon
Sara Eisenberg
Barnett Filler
Joseph Frisch
Leon Goldberg
Sylvia Goldberg
Esther Isenburg
David Jacobs
Bertha Kallet
Moshe Keyzerman
Jacqueline Krumenacker
Peter Krumenacker
Martin Kugel
Scott Lippman
Bruno Menkel
Lawrence Orange
Edward Peckelis
Solomon Portnoy
Nan Rubin
Jonathan David Saxe
Mincha Ruchel Schwartz
Jean Segal
Bernard Selkin
Louis Silver
Rose Leah Snider
Marcos Steisel
Ted Stockel
Rose Tartak
Irene Taylor
Harry Weber
Sam Weinberg
Anna Wheeler
Maurice Williams
Molly Wistreich
Harry Wynters

YAHREZEIT

Observance is an annual reminder of the date of death of a loved one and a tribute to the influence they made on our lives.

A grateful thank you to everyone that has been helping at our Bingo game, we could use help whenever you are able to give some time - any Monday between the hours of 6:30 and 9:15.

MARTIN FUNERAL HOME

*Family owned and operated serving the families of Port St. Lucie,
Fort Pierce, Jensen Beach, Palm City, Stuart and Hobe Sound
Burials, Ship-outs & Cremation Services*



Susan King, L.F.D.
Owner and Funeral Director

*We are attentive to the needs of the bereaved
and to the strong traditions
of the Jewish People.*



**Martin
Funeral Home
& Crematory**

Port St. Lucie Chapel
714 SE St. Lucie Blvd.
Port St. Lucie, FL 34984
(772) 873-3733

Fax (772) 873-1429
Located on the SE Corner of
Port St. Lucie Blvd. and Floresta Blvd.

Stuart Chapel
961 S Kanner Hwy
Stuart, FL 34994
(772) 223-5550
Fax (772) 223-5101

Located on the SE Corner of
Kanner Highway and US Highway 1



TREASURE COAST DERMATOLOGY
Specializing in the Treatment of Skin Cancer

TRUST US
WITH THE HEALTH
OF YOUR **SKIN**



TIM IOANNIDES, MD

- Board Certified by the American Board of Dermatology
- Voluntary Associate Professor, University of Miami School of Medicine
- Fellow, American Academy of Dermatology
- Fellow, American Society for Mohs Surgery

www.TCDermatology.com



Stuart Fort Pierce
772.221.3330 772.464.6464

St. Lucie West Vero Beach
772.878.3376 772.226.7218

Sebastian
772.388.1740



If you order from Amazon:

Temple Beth El Israel is enrolled in the **Amazon.com smile program**. Thru this program Temple Beth El Israel will receive a rebate of 1/2% of all money spent on Amazon.com. The only thing a member (or anyone else) needs to do is to log on to **smile.amazon.com** and then search for Temple Beth El Israel. The web site will take it from there. There is no additional cost to the purchaser. Thanks for your support.




**Catering for all
occasions!**

Bar & Bat Mitzvahs • Bris & Baby Namings
Shiva Platters • Traditional Holiday Dinners

Serving Breakfast, Lunch & Dinner.



toojays.com |    

Regency Square | 2504 S.E. Federal Highway | Stuart | 772-287-6514



For us, there is no greater responsibility than helping to honor and preserve a life's story. We believe every life should be commemorated.

- Adhering to Jewish Traditions.
- Part of the Nation's Largest Network of Jewish Funeral Homes.
- Traditional Burials, Transfer from State and Cremations.



AYCOCK

FUNERAL HOMES

Aycock Funeral Home
Floresta Drive
1504 SE Floresta Drive
772.878.0049

Aycock At Tradition
Life Celebration Center
12571 SW Tradition Parkway
772-618-2336



TEMPLE BETH EL ISRAEL DONATION OPPORTUNITIES

Donor's Name _____

Address _____

City _____ State _____ Zip _____ Phone _____

Payable to TBEI:

\$ _____ Building Reserve Fund (to help cover expenses for repairs to equipment)

\$ _____ Capital Improvement Fund (for major improvements)

\$ _____ Flower Fund (for flowers on the Bima for Shabbat & Holidays)

\$ _____ General Fund (for general operations)

\$ _____ Hevra Fund (provides meals of consolation for families in mourning)

\$ _____ Kiddush Fund (provides refreshments after Shabbat morning services)

\$ _____ Leaf on the Tree of Life:

Bronze \$100 Silver \$150 Gold \$200

In remembrance of a special person or event

Forms are available in the Temple office

\$ _____ Library Fund (for the purchase and upkeep of library books and equipment)

\$ _____ Memorial Plaques - \$200 - in memory of a loved one

Forms are available in the Temple office

\$ _____ Religious School Scholarship Fund

(provides need-based scholarships for students attending our religious school)

\$ _____ Yahrzeit Fund (commemorates the anniversary of the death of a loved one)

\$ _____ Music Fund (to provide musical accompaniment on Holidays and events)

\$ _____ Security Fund (to offset the cost of the Security Guard at TBEI)

Payable to Rabbi's Discretionary Fund:

\$ _____ For the use of the Rabbi for educational/charitable projects

Payable to TBEI Sisterhood:

\$ _____ Ida Rubin Book of Life (to send cards for any occasion (birthday, get well, etc))

\$ _____ Oneg Shabbat Fund (provides refreshments after Friday night Services.)

PLEASE INDICATE THE NAME OF THE FUND RECEIVING YOUR DONATION ON THE MEMO LINE OF YOUR CHECK



TEMPLE BETH EL ISRAEL
551 SW Bethany Drive
Port St. Lucie, FL 34986
<http://www.templebethelisrael.org>

Happy New Year!!



OR CURRENT RESIDENT



Judaica Shop

Call for an appointment

Linda Chazin	871-1205
Faith Krumenacker	343-7639